

Thoughts and Exploration on Vocal Music Singing

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Abstract. The essence of music is to express emotion. Without emotion, there would be no music, let alone art. In music art, vocal music is the most direct expression of people's thoughts and feelings, but also the most resonant art form. Vocal music performance art is not only auditory art, or intuitive visual art. To sing a song well, you need to carefully analyze and understand the content of the song and experience the emotion of the song. We should lead the audience with our passion and voice.

Introduction

Vocal music is a kind of music expression of human voice singing. It can display individual singing skills and interpret song emotions through the stage. In vocal music singing, I think there are three key factors that lead singers to master vocal music: singing skills, emotional grasp and psychological factors.

In addition to vocal technique, emotional expression plays an important role in the perfect expression of a work. Since ancient times, ancient musicians, whether singing or playing, will perform emotional exchanges with the audience, through their superb skills to achieve an artistic sublimation! "Three points of singing, seven points of feeling" can be seen, emotion in music occupy a certain position! Vocal music teaching in a few years, every time the communication with students in class, always want to let students understand the work, read, talk about their understanding of the works, so that they can truly understand works to express the content of the make themselves into the work, and then through his understanding of music, give expression to real work. Vocal music performance is the voice string feelings, emotional art, in order to make themselves in vocal music singing moved the audience, and the singer itself must first mobilize their emotions, in order to infect the audience. Especially as a teacher of folk singing teachers, China has thousands of years of civilization, has dozens of ethnic groups, each nation has its own unique artistic characteristics, therefore must understand all national characteristics and style of music, and then through their feelings, such ability can blend with the audience's emotions, resonate!

The Importance of Personalized Emotional Expression in Vocal Music Singing

Give Vocal Music Singing with the Vitality of Life. Any vocal music works are based on life, want to express their own inner feelings in the way of music, but in the actual vocal music works singing can really express the emotional connotation of the works. Many singers regard the mastery of singing skills as an important task, but ignore the connection between singing skills and emotional expression, which leads to the lack of vitality and tasteless vocal singing. Through the correct expression of emotional art in vocal music singing, the connotation and spiritual sublimation of vocal music works can be realized, and the integration of "sound" and "emotion" can make the audience feel the vitality of music in vocal music singing, and endue the infinite charm of music to vocal music works.

Can Enable the Singer to Maintain a Good State of Singing. The emotional factors in vocal music singing sing in largely determines the success or failure, through the understanding of the emotional factors of contained in the vocal music works, can let the singer's in-depth experience thought and emotion in the song creation, the author find the correspondent of singing skills and emotion expression, let the singer on the basis of fully understand the vocal music emotion displayed the best state of singing.

Make Vocal Music Singing More Infectious. Emotional touching is the goal of every successful vocal singer, through the expression of emotion in vocal music singing, can let the audience in the appreciation of skilled singing skills at the same time, to obtain spiritual induction and shock. Emotional expression in vocal music is characterized by the unity of authenticity and creativity. Emotional expression can give full play to the artistic features of vocal music, enhance the appeal of vocal music and arouse the resonance of the audience. As in "I love you China" singing, this song is the main expression of overseas Chinese for the motherland miss of love, but a lot of vocal music singer did not drift overseas experiences, which need the singer from the veracity of the story of the song creation, in the understanding and experience the wanderer missing after the love of the motherland, presents the authenticity and creative artistic expression, increase the stage singing appeal.

Personalized vocal music singing mainly lies in emotional expression. The performer's own performance conditions

and understanding of music all have extremely important influence on the performance effect. Through different artists' different understanding of the work, create high-quality personalized sound works. Personalized emotional expression is the re-creation process of music. Only through personalized emotional expression can distinct music elements be integrated into the works to make singing have unique advantages and reflect the real charm of art. The personalized emotion of vocal music singing is also the embodiment of the singer's own quality and personality charm. In a word, the personalized emotional expression of vocal singers is very important

How to Express Emotion in Vocal Music Singing

Understanding and Analyzing the Works. Vocal music works themselves as a performance of life beauty art, the singer must understand the background of the work, and understand the style of The Times and social life environment, understanding the composer's emotional experience and creative intention, in order to reproduce the work's artistic style and emotional communication. For example, the Yellow River chorus, which was born in the baptism of war, needs the singer to know that it is the magnificent mountains and rivers of China and the brave posture of soldiers that inspire the creation. In addition, we have to understand the composer's life, personality characteristics and creative style. For the whole piece of music, we should first sing the right notes, sing the strong and weak rhythm correctly, express expression terms accurately, recite rhythmically, cooperate with the accompaniment, and finally integrate our understanding and experience of the music emotion, so as to express the work accurately.

Immersive, Emotional Extension. Composers often take inspiration from the mood of the lyrics, so that the tone and lyrics can be perfectly integrated. In order to sing a piece of music perfectly, the first thing is to recite the lyrics well, the four tones of the lyrics must be right, and then to find the inflection of the phrase and the emotional climax and style characteristics of each piece of music. Reciting lyrics plays an essential role in enhancing the artistic expression and appeal of music. After reciting the lyrics well and understanding the meaning of the words, when singing, we must use the truth to express the song and move the audience. Before the sound of emotion, when we sing, our heads are cold, but our hearts are hot. It is to put ourselves into the artistic conception of each piece of music and express the music with passionate emotions. For example, when singing "song girl under the iron hoofs" "beaten all over with cuts and bruises", it really feels like the feeling of being torn and distressed when being whipped on the body, thus igniting hatred and rebellion against the Japanese aggressors. The singer needs to ignite the audience's emotional flame with the real emotional expression, in order to produce the shocking artistic charm.

Sound for Love Sound, Love to Help Sound Hair. Vocal music art USES vocal music technique reasonably as the method, in order to express the thought emotion as the ultimate goal. The basic vocal music skills include: word articulation technique, breathing adjustment technique, resonance technique, conventional pronunciation technique, rich emotion, sound strength transformation, rhythm change and so on. If a song with rich feelings, not only the use of music skills, it usually skilled used of various vocal music skills, so as to achieve the highest level of singing art. Only the fusion of emotion and sound can fully express the music. In the process of singing the music, sound and emotion are complementary and inseparable. No matter how loud the sound is without emotion input, it is doomed to be empty and pale.

The Importance and Training Method of Breathing in Vocal Music Singing

Breathing in singing is the source of the power of a singer's beautiful voice, which is quite different from breathing when we speak. Singing needs to use certain skills, according to the length of the phrase, emotional color changes, controlled, conscious and purposeful breathing, singing breath to breathe deeper, more fully. Excellent singers at all times and all over the world have strong control over breathing and varied skills. With their beautiful voice and emotional expression, they can make their singing more attractive and exciting.

In recent years, many scholars have explored different breathing methods according to different music styles and vocalization methods. In order to better control the breath, the chest and abdomen combined breathing method integrated use of chest and rib muscles, diaphragm, abdominal muscles, known as the most effective, the most scientific breathing method, has been widely used in China's national vocal music singing method and European vocal music singing method. The correct breathing can change with the high, low, strong and weak of the middle notes in singing, according to the different long sentences, short sentences, as well as the different emotions of the song, the change and timely and effective adjustment. The specific training method has sigh type exhalation, surprise type inspiratory and smell fancy inspiratory 3 kinds. Above all, smell fancy inspiratory is easy to understand, practical method, subjective have inspiratory intention, operation is simple, easy to grasp, can assure when inspiratory mood is relaxed and excited, conduce to the success of training, the effect is good also. In the training of breathing in fancy, the practitioner needs to pay special attention when breathing in, can avoid the unnatural breathing sound and unnecessary movements, and help to breathe deeply, in the process of breathing to identify the fragrance. When specific inspiratory, the space inside body increases to make breath flows in very naturally, the upper body wants to loosen completely, breath inside the chest after inspiratory is full, waist circumference is very stretch ground to loosen outward, maintain excitement, inspiratory is loosened comfortable, bosom wants to have diastolic feeling. With this kind of inspiratory feeling will sing, breath is capacious and unobstructed, sound is clear and fruity, be helpful for the smooth progress that behind gives voice to an organ. And, in practice, either way, in order not to interfere with the flow and flexibility of breath flow, the breath can

be either closed or open. As long as you can feel the breath flowing into your body, your training is working. Secondly, sighing exhalation in vocal singing breathing practice, sighing is easier to achieve than smelling flowers, is an effective way to practice breathing, is a very common phenomenon in our life. Sigh in life is often in a bad mood when more. Actually the method that USES sigh trains breath is circulatory, complete automatically, sigh first hind is sucked, sigh breath thoroughly first go out, inspiratory muscle group is met next inspiratory immediately inspiratory, make expiratory muscle group works, accordingly, the process of sigh is the process that exhales gas to loosen. Above all in order to let exhalation muscle group complete work thoroughly, want to think about exhalation in person subjective consciousness, make inspiratory muscle group is in a kind of at all times prepare the state that work, once whole breath rhythm is confused, the effect of training can be affected. At the same time, to complete the sighing and breathing in the natural state of circulation, and before preparing to sing, to sigh out the breath, the human body cannot do mandatory intervention, and then begin to sing after the natural inhalation. In addition, the surprised inhalation is a simple and easy to learn breathing method, which is based on the expression of human emotions. When the person is surprised, often can take a deep breath, pupil dilates, spirit is excited. Inspirations in this case are effective inspirations, fast and deep. And in a moment of surprise, the breathing muscles switch quickly from contracting to relaxing. Therefore, when singing some phrases accompanied by surprise mood, can directly use surprise inhalation, can be a good training of respiratory function. For example, in many musical performances, actors will try to breathe in surprise, and exercise their ability to use breath according to the story. Surprise inhalation can be combined with sigh exhalation during daily training.

Summary

In short, the voice carries emotion, emotion gives life to the voice, if it has no voice, it is not the art of singing, and if it the voice without emotion is powerless. Voice to convey feelings, feelings to lead the voice, voice and emotion, vocal music singing to achieve the ideal state of guarantee, only the singer did voice and emotion, it is easier to arouse the audience resonance. Therefore, we should not only learn how to sing, but more importantly, how to use singing skills to express the feelings contained in the song and sing with "heart". In this way, we can make the singing more beautiful and touching, and keep the charm of the singing art.

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